RUN FOR A CURE 5K/1 MILE FUN RUN REGISTRATION FORM & LIABILITY WAIVER

November 23, 2019 9:30 A.M. HOSTED BY TOWN-COUNTRY NATIONAL BANK (ONE FORM PER PERSON)

| (PLEASE PRINT) FIRST NAME | LAST NAME | |
|--|---------------------------|------------------------|
| AGE ON RACE | DAY GENDER: MALE <u>G</u> | <u>DR</u> FEMALE |
| ADDRESS: | CITY/STATE/ZIP | |
| PHONE #: | EMAIL: | |
| **I WILL PARTICIPATE IN THE FOLLO | WING EVENT: 5K RUN/WALK 1 | MILE FUN RUNBOTH RACES |

YOUTH SIZES: (Circle Size and Color)

| Youth X-Small | Blue/Orange <u>or</u> Red/Grey T-Shirt |
|---------------|--|
| Youth Small | Blue/Orange <u>or</u> Red/Grey T-Shirt |
| Youth Medium | Blue/Orange <u>or</u> Red/Grey T-Shirt |
| Youth Large | Blue/Orange <u>or</u> Red/Grey T-Shirt |

ADULT T-SHIRT: (Circle Size and Color)

| Adult Small | Blue/Orange <u>or</u> Red/Grey T-Shirt |
|---------------|--|
| Adult Medium | Blue/Orange <u>or</u> Red/Grey T-Shirt |
| Adult Large | Blue/Orange <u>or</u> Red/Grey T-Shirt |
| Adult X-Large | Blue/Orange <u>or</u> Red/Grey T-Shirt |
| Adult 2X | Blue/Orange <u>or</u> Red/Grey T-Shirt |
| Adult 3X | Blue/Orange <u>or</u> Red/Grey T-Shirt |

SHIRTS ARE ONLY GUARANTEED TO PARTICIPANTS SIGNED UP BY October 30th.

ENTRY FEES:

Registration – October 16th-October 30th

5K WALK/RUN - \$25.00 (INCLUDES T-SHIRT AND ONE ENTRY TO IRON BOWL TICKET RAFFLE) 1 MILE FUN RUN - \$20.00 (INCLUDES T-SHIRT, ONE ENTRY TO IRON BOWL TICKET RAFFLE & 1 COLOR BOMB) BOTH RACES- \$30.00 (INCLUDES T-SHIRT, ONE ENTRY TO IRON BOWL TICKET RAFFLE & 1 COLOR BOMB)

Late Registration – After October 30th **T-SHIRTS ARE <u>NOT</u> GUARANTEED

5K WALK/RUN - \$30.00 (INCLUDES T-SHIRT AND ONE ENTRY TO IRON BOWL TICKET RAFFLE) 1 MILE FUN RUN - \$25.00 (INCLUDES T-SHIRT, ONE ENTRY TO IRON BOWL TICKET RAFFLE & 1 COLOR BOMB) BOTH RACES- \$35.00 (INCLUDES T-SHIRT, ONE ENTRY TO IRON BOWL TICKET RAFFLE & 1 COLOR BOMB)

MAKE CHECKS PAYABLE TO: TCNB RUN FOR A CURE

MAIL TO: TCNB (ATTENTION LINDSEY) P.O. BOX 458 CAMDEN, AL 36726

WAIVER AND RELEASE STATEMENT: (ALL PARTICIPANTS MUST READ AND SIGN)

For and in consideration of the opportunity to participate in the RELAY FOR LIFE, RUN FOR A CURE 5K, to be held on November 23, 2019, I hereby forever release, (1) Relay for Life, (2) American Cancer Society, Inc., (3) Town-Country National Bank, (4) City of Camden, (5) Smile-A-Mile, (6) the sponsors of said race, any of their officers, employees or agents from any and all liability, any and all actions, causes of actions, or claims of any kind whatsoever, either for personal injury or otherwise, arising or resulting from my participation in the said race. Further, I acknowledge that running, jogging, walking and/or racing are inherently dangerous activities with the potential for serious personal injury and even death, and I hereby expressly and voluntarily assume any and all risk of death or personal injury sustained while participating in the RUN FOR A CURE 5K, whether or not caused by the negligence of the above enumerated parties.

SIGNATURE OF PARTICIPANT (OR PARENT/GUARDIAN IF ENTRANT IS 17 OR UNDER)

DATE

FOR MORE INFORMATION: Call Lindsey Henderson or Emily Small 334-682-4155

• RACE PACKETS CAN BE PICKED UP AT TOWN-COUNTRY NATIONAL BANK NOVEMBER 22ND OR RACE DAY • PLEASE CONTACT US IF YOU NEED TO MAKE OTHER ARRANGEMENTS

ALL PROCEEDS BENEFIT THE AMERICAN CANCER SOCIETY AND SMILE-A-MILE